



Framework for Reopening

We are pleased to be reopening the Active Living component of our facility and have taken great care in the planning stages to ensure the health and safety of all our patrons. The framework provided below outlines the specifics around our policies and how patrons and staff will be moving through the space. Our guiding document is the *Reopening Guidelines for Fitness Facilities* published on June 4th and approved by the Provincial Government.

Hand sanitizer will be available at all touch points (entrance to the building, guest services desk, the Active Living Studio, hallways throughout the building etc.). Participants are welcome to wear masks at any time during their visit, but they are not mandatory at this time as long as social distancing is practiced.

Class participants will be prompted to preregister for classes, either online or by phone. This will minimize traffic and reduce the touch points within the LCLC. At the time of registration, we will be asking that participants arrive no earlier than 10 minutes before their class begins and exit within 5 minutes of the end of the class. It is within the scope of responsibility of the LCLC to ensure members of the public are adhering to social distancing; those who refuse to comply will not be permitted access to the facility.

Upon arriving to the centre, our patrons will visit guest services staff to confirm and finalize any outstanding part of their registration. They will be asked to log their name and contact info as well as confirm that they are answering in the negative to the following four questions:

1. Are you experiencing a fever, new cough or flu symptoms?
2. Have you travelled outside of NS or Canada in the past 14 days?
3. In the past 14 days have you been in close contact with anyone arriving from outside of Nova Scotia or Canada?
4. Have you been within 2 meters of anyone with a confirmed case of COVID-19 in the past 14 days?

The LCLC will offer washroom facilities but no changeroom facilities will be offered at this time. Our 1260 square foot Active Living Studio will be marked off into 12 individual participant boxes and one instructor space. This layout has been constructed to maximize the distance between participants. In cases where there are less than 12 participants there will be a conscientious effort made to distance all participants as much as possible.

The LCLC will encourage all participants to bring the equipment that would be required for each class. We will be providing yoga mats and props as our supplies last; these items will be cleaned thoroughly and require time to dry between uses. Straps will not be made available for participants as cleaning them would not be possible.

The Active Living Studio will be cleaned between classes, and all high touch surfaces will be cleaned on an ongoing basis throughout the day.

We thank all of our patrons for support and patience as we navigate reopening under the guidelines of social distancing.

The Staff of the LCLC